

December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Step into the Holidays!	1 # of Steps:	2 # of Steps:	3 # of Steps:	4 # of Steps:	5 # of Steps:	6 # of Steps:
7 # of Steps:	8 Log Weekly Step Count for 12/1 – 12/7 # of Steps for Today:	9 # of Steps:	10 # of Steps:	11 # of Steps:	12 # of Steps:	13 # of Steps:
14 # of Steps:	15 Log Weekly Step Count for 12/8 – 12/14 # of Steps for Today:	16 # of Steps:	17 # of Steps:	18 # of Steps:	19 # of Steps:	20 # of Steps:
21 # of Steps:	22 Log Weekly Step Count for 12/15 – 12/21 # of Steps for Today:	23 # of Steps:	24 # of Steps:	25 # of Steps:	26 # of Steps:	27 # of Steps:
28 # of Steps:	29 Log Weekly Step Count for 12/22 – 12/28 # of Steps for Today:	30 Thanks for Participating!	31 Enjoy the New Year's Holiday!			