

# Currituck County Senior Center's

January 2026



**Happy New Year!**



Currituck Senior Centers will be **CLOSED:**  
Thursday, January 1st for New Year's Day  
Monday, January 19th for MLK Jr Day

*Ready...Set...Go...*

## **FREE AARP Tax Preparation**

**Appointments can be made starting January 12th!**  
**(NO Walk-Ins)**

**Tax Prep will be on Thursdays ONLY starting February 5, 2026**

You must be a ***Currituck County resident due to limited time slots!***

Tax Preparation is geared towards low to moderate income; certain filing restrictions apply.  
Tax preparation is open to the public regardless of age.

## **Lancaster & Hershey, PA**

**May 5 - May 7, 2026**

**Enjoy a 3 day/ 2 night** trip to Pennsylvania! Includes 2 nights hotel accommodations, 2 breakfast at your hotel, and 2 wonderful dinners including 1 Amish Style Dinner! Enjoy a **Sight & Sound Theatre production of JOSHUA**, a **guided tour of Hershey, PA** to include a visit to **Hershey's Chocolate World & The Kitchen Kettle Village!** Cost: **\$529 per person, double occupancy.** Travel Insurance is optional. **\$100 deposit per person due by January 30th!**  
*\*Please call the Senior Center at 232-3505 prior to mailing a deposit to ensure your space.*

*Thank You!...*

We would like to **"Thank"** the community for the amazing support over the Holiday Season. The *"Santa for Seniors"* and *"Elderly Food Basket"* drives were beyond successful!

We want to also express our Gratitude to all the different groups/organizations, community citizens, and county staff that donated gift bags, Christmas cards, and additional items to help support our seniors!

*Did you know...*

## **Bell Choir**

The Bell Choir will be performing at Laurel Park in Elizabeth City on January 12th at 11am!

## **Are you a Card Player!?**

We are seeking additional **Hand & Foot** Card players! If you know how to play or are interested in learning please call Senior Center at 232-3505.

*Dawn's Words of Wisdom...*

*"And now we welcome the new year. Full of things that have never been."*

*~Rainer Maria Rilke*

## Everyday...

### Monday's

8-5 Billiards  
8-5 Table Tennis  
9 Pickleball  
10-12 Sewing Room  
11-12 Bingo  
12:30-5 Card Room

### Tuesday's

8-5 Billiards  
8-5 Table Tennis  
9 Pickleball  
11 Exercise Tapes  
12:30 Mexican Dominoes  
12:30-5 Card Room

### Wednesday's

8-5 Billiards  
8-5 Table Tennis  
9 Pickleball  
9:30 Scrabble/Upwards  
10-12 Sewing Room  
11 Bell Choir  
12:30-5 Card Room  
*\*Book Club 14th-10am*

### Thursday's

8-5 Billiards  
8-5 Table Tennis  
9 Pickleball  
11 Exercise Tapes  
11 Bingo  
12:30-5 Card Room  
*\*10:00 Seniors meet at Albemarle Lanes to bowl  
\*Alz. Support Group  
15th-10:30am*

### Friday's

8-5 Billiards  
8-5 Table Tennis  
9 Pickle Ball  
10-12 Sewing Room  
12:30-5 Card Room



## Currituck Senior Center

130 Community Way  
Barco, NC 27917  
252-232-3505  
Hours of operation: Mon.-Fri. 8:00AM-5:00PM



## Special for January...

**Friday, January 2, 2026** - Celebrate the **New Year and January's Birthdays** with **Ice Cream Sundae's** at 12:30pm!

**Monday, January 5, 2026** - **In House Movie "Greenland"** at 12pm! To save his family from a catastrophic end of times, a man embarks on a risky quest to locate the last hope for salvation and witness the worst of mankind in the battle of survival. Starring Gerard Butler, Marena Baccaren and Roger Dale Floyd.

**Wednesday, January 14, 2026** - Trip to **Cinema Café** to see **"Greenland 2: Migration,"** The surviving Garrity family must leave the safety of the Greenland Bunker and embark on a perilous journey across the decimated frozen wasteland of Europe to find a new home. Cost: ticket and money for lunch at the theatre. Time is TBA.

**Wednesday, January 21, 2026** - **ALL DAILY ACTIVITIES CANCELLED** due to on-site staff training!

**Thursday, January 22, 2026** - **"The American Revolution Experience"** traveling exhibit at the Camden County Library! An innovative pop-up exhibition that includes display panels and interactive digital kiosk that use storytelling, illustration, technology and unique artifacts and primary accounts to connect modern audiences with people and places that shaped the birth of our nation. We will leave the center at 10:30am. Cost: money for lunch at **Taylor's Oak** following the library.

**Wednesday, January 28, 2026** - Presentation on **"Respecting Choices"** by Kayla White with Albemarle Commission at 10:30am! Respecting Choices is a program that ensures individuals' preferences and decisions for healthcare are known and honored for end-of-life care. Come and receive information to ensure your health wishes will be carried out, even if you can't advocate for yourself. Learn how to document your choices, choose the right person to make your decisions, and communicate your values and goals about medical treatment choices!

**Thursday, January 29, 2026** - **Breakfast & Bingo at "Beachcombers"** at the beach! We will leave the center at 8am! Cost: \$12.80 (including tax + tip) for breakfast buffet. **Deadline: January 14th!**

## January Birthday's...

Donna McCormick - 8th  
Susan Hill - 14th  
Gloria Roberts - 18th  
Rose Harrison - 19th  
Sarah Seymore - 19th



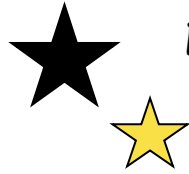
## Cooking with Latesa...

### Ingredients:

- 2 (14oz.) cans sweetened condensed milk
- 1 1/2 cups Betty Crocker Sugar Cookie mix
- 5 cups white chocolate chips
- 1/4 cup unsalted butter, cut into pieces
- 1/2 tsp vanilla extract

**Directions:** Spray 9inch square baking pan with cooking spray. Line bottom and sides with parchment paper. Heat sweetened condensed milk in a large saucepan over medium heat, stirring often, until hot but not boiling, about 3 mins. Whisk in cookie mix until smooth. Add chocolate chips, butter, and vanilla. Reduce heat to low and cook, stirring constantly and scraping bottom of saucepan with a silicone spatula, until chocolate is melted and smooth. Transfer to prepared pan and spread into an even layer. Top with sprinkles if desired, pressing gently to adhere. Chill in fridge uncovered until set, about 2 hrs.

## 5 Ingredient Sugar Cookie Fudge



# Powells Point Senior Center

8011 Caratoke Hwy  
Powell's Point, NC 27966  
252-491-8173  
Hours of operation: Mon.-Fri. 8:00AM-4:30PM



## Everyday...

### Monday's

8-12 Coffee & Chat  
9-12 Dominoes

### Tuesday's

8-12 Coffee & Chat  
9:30-11 Book Corner  
11 *New* Exercise Ball  
Drumming  
(No class 6th!)  
1-3 Checkers &  
Games

### Wednesday's

8-12 Coffee & Chat  
12 Bingo  
(No Bingo 21st!)  
1 Dominoes

### Thursday's

8-12 Coffee & Chat  
11- Exercise Ball  
Drumming  
1-3 Puzzles/Checkers/  
Adult Coloring Books

### Friday's

8-12 Coffee & Chat  
9-12 Dominoes

## Special For January...

**Friday, January 2, 2026 - Special New Years BINGO** at 1pm!

**Tuesday, January 6, 2026 - Birthday Celebration** at 12:30pm!

**Friday, January 16, 2026 - Lunch at Henrys & Bowling at OBX Bowling Lanes!** Bring your own ball and shoes, if you have them! We will leave the center at 10:30am. Cost: money for lunch and bowling -\$7.50 per person per game, plus \$5.00 shoe rental. (or 2 games and shoe rental for \$20) **Deadline: January 14th!**

**Friday, January 23, 2026 - "Kill Devil Distillery,"** continuing our series "*Hops, Harvest & Raising Cane!*" We will have lunch at **Jolly Roger** and then on to Manteo to the distillery! No tour, but you can do a tasting and learn about the different rums they offer. Cost: money for lunch. **Deadline: January 21st!**

**Tuesday, January 27, 2026 - Drumming Demo** at 10:30am! If you are interested in Exercise Ball Drumming, or have been attending classes, come on out and lets have some fun!

**Thursday, January 29, 2026 - "Breakfast & Bingo"** at Beachcombers! We will leave the center at 8:30am. Cost: \$12.80 (including tax + tip) for breakfast buffet. **Deadline: January 14th!**

**Friday, January 30, 2026 - Making your own Homemade Lip Balm** at 1pm! Protect your lips from these blustery cold days! Knotts Island seniors will be joining us! Congregate lunch at 12pm! (need to sign up for lunch!) **Deadline: January 23rd!**

## January Birthday's...

John Kliess -



## Laughing with Lorraine...

"Why was January a good month for snowmen? The finally got a chance to chill out and relax!"

-Unknown



# Knotts Island Senior Center

126 Brumley Rd  
Knotts Island, NC 27950  
252-429-3231

Hours of operation: Mon.-Fri. 9:00AM-3:30PM



## Everyday...

### Monday's

9:30 Walk in the Park  
10 Puzzles/Games

### Tuesday's

9:30 Walk in the Park  
10 Puzzles/Games  
11 Ball Drumming  
**11:30 BP Check/KI Fire Dept. (13th)**

### Wednesday's

9:30 Walk in the Park  
10 Puzzles/Games  
11 Chair Exercise

### Thursday's

9:30 Walk in the Park  
10 Puzzles/Games  
11 Ball Drumming

### Friday's

9:30 Walk in the Park

## Special For January...

**Monday, January 5, 2026 - In-House Movie "Unhitched"** at 10am! Starring Stuart Townsend, Amy Smart and Seth Green. When a man learns his worst enemy is about to marry the woman his best friend loves, he vows to break up the wedding any way he can in this outrageous romantic comedy.

**Wednesday, January 7, 2026 - Brunch at Biscuit Belly** and then to **Chrysler Museum of Art** to include a *Glass Blowing Demo!* We will leave the center at 9am! Cost: money for Brunch. **Deadline: January 5th!**

**Tuesday, January 13, 2026 - Cardmaking w/ Pastor Diana** at 1pm! Snowflakes & Snowmen!

**Thursday, January 15, 2026 - BINGO** at 11am!

**Wednesday, January 21, 2026 - Shopping trip to Anderson's** followed by lunch at the **New Taste Unlimited** in Pungo! We will leave the center at 10am. Cost: money for shopping and lunch! **Deadline: January 16th!**

**Friday, January 23, 2026 - Scrapbooking w/ Pastor Diana** at 11am!

**Monday, January 26, 2026 - Cards & Game Day** at 10am!

**Tuesday, January 27, 2026 - Valentine Card Making w/ Pastor Diana** at 1pm!

**Tuesday, January 27, 2026 - Birthday Celebration** at 2pm!

**Friday, January 30, 2026 - Craft Class with the Powells Point Seniors!** Make your own **"Homemade Lip Balm!"** Protect your lips from these blustery cold days! Congregate lunch at 12pm! We will leave the center at 10:15am! **Deadline: January 23rd!**

## January Birthdays...

Becky Deaver - 3rd  
Diana Johnson - 13th  
Bruce "Skip" Keith - 20th



Think on it ...

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, and honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."

-Leo Buscaglia

## *We also offer...*

- Congregate Meals
- HD Meals
- Educational Speakers
- Exercise Programs
- Exercise Equipment
- Puzzles
- Games
- Bingo
- Indoor Sports
- Outdoor Sports
- Monthly Day trips
- Charter Bus trips
- AARP Tax preparation
- Health screenings
- Weekly BP checks
- Quilting/Sewing
- Bell choir
- Wet Paint Society
- Musical entertainment
- Sr. Games Participation
- Are you OK Program
- CDSMP, DSMP, Tai-Chi for Arthritis & Walk with Ease Programs
- "Walking Paws" Volunteer Program
- Assistance and Referrals
- Volunteer Opportunities
- Much More!

### *Stay Informed:*

**[www.CurrituckCountyNC.gov](http://www.CurrituckCountyNC.gov)**

*Questions:*

[Stacy.joseph@CurrituckCountyNC.Gov](mailto:Stacy.joseph@CurrituckCountyNC.Gov)

## *Meet the Staff...*

Stacy Joseph

Aging/Senior Services Director

Dawn Hamilton

Administrative Supervisor

Latesa Moore

Site Manager/Nutrition - Barco

Lorraine Fitchett

Site Manager - Powells Point

Brenda Twiford

Site Manager - Knotts Island

## *Statement of Purpose*

Senior Centers are a community focal point on aging. It is a unit where senior persons can meet, receive services and participate in activities that will affirm the dignity and self worth of the senior adult. Within this atmosphere the center staff creates opportunities for the senior adults to apply their wisdom, insight and exercise their skills. The center plays an integral role as a resource for the entire community and assist other agencies in serving individual and group services and activities.

## *Did You Know...*

You Must be 55 years or older to join the fun at the Senior Centers!

You must be 60 years or older to eat!

The Senior Centers of Currituck County are a place for Every Senior (with varying backgrounds and personalities) to have fun and feel welcome and at ease.

This is accomplished when people are courteous, accommodating, respectful of other's feelings, use appropriate language and do not let their emotions get out of hand. Let's all work together to make the senior centers an "enjoyable and happy place" for EVERYONE!

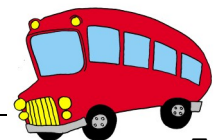
Thank you  
Senior Services Staff

## *Need Transportation...*

Inter County Public Transportation provides services to all ages! (fees may apply) ICPTA services are intended to transport the general public to nutrition sites, medical appointments and other locations in order to access services or attend activities related to daily living, while promoting quality of life.

ICPTA 252-338-4480

***To receive transportation to a nutrition site please call the senior center you are interested in attending to receive more information!***





# January 2026

| Monday   | Tuesday  | Wednesday   | Thursday   | Friday  |
|--|--|---|--|---|
|  |  |   | <b>1</b><br><br><br><b>CLOSED</b> | <b>2</b><br><br>BBQ Chicken, Mac & Cheese, Peas, Cinnamon Apples, Cornbread & Milk      |
| <b>5</b><br>Beef Stroganoff, Broccoli, Applesauce, Cornbread, Pudding & Milk                 | <b>6</b><br>Baked Chicken w/Gravy, Brown Rice, Carrots, Fruit, Yogurt, Roll & Milk           | <b>7</b><br>Meatloaf w/Red Sauce, Mac & Cheese, Lima Beans, Bread, Pineapple & Milk             | <b>8</b><br>BBQ Sandwich, Buttered Potatoes, Coleslaw, Graham Crackers, Fruit & Milk                                 | <b>9</b><br>Chicken Alfredo, Broccoli, Spiced Apples, Roll, Yogurt & Milk               |
| <b>12</b><br>Spaghetti w/Meat Sauce, Green Beans, Spiced Apples, Garlic Bread, Yogurt & Milk | <b>13</b><br>Boneless Chicken Thigh, Au Gratin Potatoes, Peas, Roll, Jello, Pineapple & Milk | <b>14</b><br>Turkey Breast w/Gravy, Stuffing, Carrots, Cranberry Sauce, Cornbread, Fruit & Milk | <b>15</b><br>Chicken Salad, Pasta Salad, Pea Salad, Crackers, Cake, Milk & OJ  | <b>16</b><br>Baked Ham, Sweet Potatoes, California Blend Vegetables, Pears, Cake & Milk |
| <b>19</b><br><br><b>CLOSED</b><br><i>MLK Jr Day!</i>   | <b>20</b><br>Roasted Pork w/Gravy, Brown Rice, Succotash, Cornbread, Fruit, Cookie & Milk    | <b>21</b><br>Cheeseburger, Baked Beans, Baked Cinnamon Apples, Cake & Milk                      | <b>22</b><br>Fish Filet, Rice Pilaf, Broccoli, Roll, Blueberry Cobbler & Milk  | <b>23</b><br>Chicken Breast, Pasta w/ Cream Sauce, Green Beans, Roll, Jello, Milk & OJ  |
| <b>26</b><br>Beef Stew w/Potatoes, Green Beans, Roll, Graham Crackers, Milk & OJ             | <b>27</b><br>Baked Ham, Sweet Potatoes, California Blend Vegetables, Pears, Cake & Milk      | <b>28</b><br>Chili w/Beans, Pimento Cheese Sandwich, Broccoli, Fruit, Jello & Milk              | <b>29</b><br>Tuna Salad on Lettuce Bed, Cucumber & Tomato Salad, Macaroni Salad, Fruit, Crackers                     | <b>30</b><br>BBQ Chicken, Mac & Cheese, Peas, Cinnamon Apples, Cornbread & Milk         |