



Currituck County Senior Center's December 2024



Happy Holiday's!

Donate To ...

Elderly Food Basket Program

The Currituck County Senior Center will be collecting can/box food items to help support this program sponsored by the Currituck County Dept. of Social Services.

Please stop by and place your donation in the box located in our lobby by **December 6th!**

Senior Outreach...

The **Senior Center Bell Choir** will be performing at the Whalehead Club in Corolla on December 13th, Shawboro Ruritan Club on December 17th, and the annual Currituck County Senior Center Christmas Party on December 20th in Barco!

Ready...Set...Go...

Senior Centers will be **CLOSED**
Tuesday, December 24 - Thursday, December 26, 2024

There will be **NO** Home Delivered or Congregate Meals served
Monday, December 23, 2024 - Friday, December 27, 2024

Washington DC
April 7– April 9, 2025

Enjoy a 3 Day/2 Night trip to Washington, DC in the Springtime! The DC skyline is marked by some of the world's most celebrated Monuments. In spring, some of the monuments are framed by the beautiful, famous **Cherry Blossom Trees** that surround the Tidal Basin. Your trip includes: 2 nights hotel accommodations, 2 breakfasts at your hotel, 1 lunch and 1 dinner. You will enjoy a lunch cruise aboard the **Brand New Spirit of Washington** where you will spend an unforgettable afternoon on the Potomac River! A guided tour to see sights such as: **Capital Building, Georgetown, National Archives, Washington Monuments, and War Memorials including the Pentagon.** A visit to the **National Mall** that holds more than 12 museums including the **Smithsonian Institute** - the Worlds Largest Museum founded in 1846. Tour of **Arlington National Cemetery** - the most famous cemetery in the country that is the resting place for more than 300,000 veterans. Cost: \$699 per person - double occupancy. Travel insurance is available upon request. **\$100 deposit per person is due by January 17th.**

**Please call/stop by the Senior Center prior to mailing a deposit to insure your space on the list.*

Donate To...

Santa for Seniors

The holiday season is a joyous time of year for many people, but can be lonely for some older adults who may not have family or friends to celebrate with. The Currituck County Senior Center will be accepting donations for our annual **Home Bound Christmas bags.** New/unopened items will be accepted only. Donation examples include: tissues, hand soap, hand sanitizer, unscented lotion, Dove body soap & Wrapped candy. Donations will be accepted through **December 6th!**

Dawn's Words of Wisdom...

"It is Christmas in the heart that puts Christmas in the air."
-W.T. Willis



Everyday...

Monday's

8-5 Billiards
 8-5 Table Tennis
 9 Pickleball
 10-12 Sewing Room
 11-12 Bingo (NONE - 23rd)
 12:30-5 Card Room

*10:00 Seniors meet at
 Albemarle Lanes to bowl

Tuesday's

8-5 Billiards
 8-5 Table Tennis
 9 Pickleball
 11 Exercise Tapes
 12:30 Mexican Dominoes
 12:30-5 Card Room

Wednesday's

8-5 Billiards
 8-5 Table Tennis
 9 Pickleball
 9:30 Scrabble/Upwards
 10-12 Sewing Room
 11 Bell Choir
 12:30-5 Card Room
 *Book Club 12/11 at 10am

Thursday's

8-5 Billiards
 8-5 Table Tennis
 9 Pickleball
 11 Exercise Tapes
 11 Bingo
 12:30-5 Card Room

*Alzheimer's Support Grp
 12/19 at 10:30am

Friday's

8-5 Billiards
 8-5 Table Tennis
 9 Pickle Ball
 10-12 Sewing Room

Currituck Senior Center

130 Community Way
 Barco, NC 27917
 252-232-3505
 Hours of operation: Mon.-Fri. 8:00AM-5:00PM



Special for December...

Monday, December 2, 2024 - In house Christmas movie "I Heard the Bells"- at 12pm! The inspiring true story behind the beloved Christmas carol and its author, Henry Wadsworth Longfellow. Known as America's Poet, Henry leads an idyllic life - until the day his world is shattered by tragedy. With a nation divided by Civil War and his family torn apart, Henry puts down his pen, silenced by grief. But it's the sound of Christmas morning that reignites the poet's lost voice as he discovers the resounding hope of rekindled faith. Cookies & Eggnog will be served!

Wednesday, December 4, 2024 - Birthday Celebration at 12:30pm!

Thursday, December 5, 2024 - Shopping trip to Greenbrier Mall at 10:30am! Cost: lunch at the mall.

Wednesday, December 11, 2024 - Trip -Christmas Laser Light Show in Plymouth! Your favorite songs of the season synchronized with Lasers dancing across the sky! We will leave the center at 3:45pm. Cost: \$5 **Deadline: December 9th!**

Monday, December 16, 2024 - In house Christmas movie "The Christmas Candle" - at 12pm! A pastor who's suffered a personal loss accepts a position in a town that believes in a Christmas miracle candle, which he strives to abolish. Hot Cocoa & Marshmallows will be served!

Tuesday, December 17, 2024 - Holiday Cake Walk at 11am. Enjoy Christmas tunes while walking for a chance to win Christmas Goodies! **Deadline: December 13th!**

Friday, December 20, 2024 - Annual Senior Christmas Party at 12pm! Enjoy a catered lunch of Chicken, Ham, sides, rolls and dessert. There will also be a visit from Santa and a performance by the Senior Bell Choir! **Deadline: December 13th!**

Monday, December 30, 2024 - Monday Night Bunco & Dinner from 2-5pm! Dinner will be BBQ, Coleslaw, Mac and Cheese, and Dessert. Cost: \$3 for prizes. **Deadline: December 19th!**

December Birthday's...

Wilton Bray - 3rd	June Pittman - 22nd
Janice Hodgis - 5th	Elizabeth Campbell - 24th
Carol Zaller - 5th	Ruth Ann Vorhees - 27th
Rosalie Jones - 13th	
Diane Koehn - 13th	
Chrise Felton - 19th	
Robert Meade - 19th	



Cooking with Latesa...

- 1 prepared graham cracker crust
- 1 3.4 oz box vanilla instant pudding
- 1 1/2 cups eggnog
- 2 cups whipped topping
- 1/4 tsp ground nutmeg

In a med. bowl, combine eggnog and pudding mix, and beat with an electric mixer. Fold in whipped topping and nutmeg until fluffy. Spoon mixture into prepared graham cracker crust, and spread evenly. Sprinkle w/additional nutmeg. Refrigerate for 4 hrs. or until firm.

Eggnog Pie (No-Bake)

www.kitchenfunwithmy3sons.com

Powells Point Senior Center

8011 Caratoke Hwy
Powell's Point, NC 27966
252-491-8173

Hours of operation: Mon.-Fri. 8:00AM-4:30PM



Everyday...

Monday's

8-10 Coffee & Chat
9-12 Dominoes
1 Exercise & Bingo

Tuesday's

8-10 Coffee & Chat
9:30-11 Book Corner
1-3 Checkers & Games

Wednesday's

8-10 Coffee & Chat
9-12 Dominoes
1 Exercise & Bingo

Thursday's

8-10 Coffee & Chat
11- Exercise Ball
Drumming (Level I)
(No class 26th!)
1-3 Puzzles/Checkers/
Adult Coloring Books

Friday's

8-10 Coffee & Chat
9-12 Dominoes
1 Bingo
(No Bingo 6th & 20th!)

Special For December...

Tuesday, December 3, 2024 - Birthday Celebration at 12:30pm. **Deadline: December 2nd!**

Thursday, December 5, 2024 - Decorate the Christmas Tree at 12:30pm. We will celebrate the season with Gingerbread Cookies and eggnog! **Deadline: December 2nd!**

Friday, December 6, 2024 - Trip to the Norfolk Outlets at 10:30am. Cost: money for shopping and lunch at the outlets!
Deadline: December 5th!

Tuesday, December 10, 2024 - Craft Class "Snowy Mason Jars" at 1pm! Make a festive holiday decoration with scent and lights! Keep for yourself or give to a friend! **Deadline: December 6th!**

Friday, December 13, 2024 - Christmas Bingo at 1pm! Bring in a *NEW* wrapped prize for Mystery Christmas Bingo! It's always fun to unwrap a gift! (No gifts over \$5, please.) **Deadline: December 12th!**

Tuesday, December 17, 2024 - "Wholesome Delights" - Sweet Potato Muffins w/Sheila & Chris from Cooperative Extension at 1pm! Nutritious Sweet Potato Muffins for a healthier you! **Deadline: December 11th!**

Friday, December 20, 2024 - Annual Senior Christmas Party at Barco! Enjoy a catered lunch of Chicken, Ham, sides, rolls and dessert. There will also be a visit from Santa and a performance by the Senior Bell Choir! We will leave the center at 11:15am! **Deadline: December 13th!**

Monday, December 30, 2024 - Trip to have lunch at Henrys at 11am! **Deadline: December 20th!**

December Birthday's...

Louise Ferebee - 24th



Laughing with Lorraine...

Dear Santa,
I've been good all year. Most of the time. Once in awhile.
Never mind, I'll buy my own stuff.

-Unknown

Knotts Island Senior Center

126 Brumley Rd
Knotts Island, NC 27950
252-429-3231

Hours of operation: Mon.-Fri. 9:00AM-3:30PM



Everyday...

Monday's

9:30 Walk in the Park
10-3 Puzzles/Games

Tuesday's

9:30 Gentle Chi Yoga
10-3 Puzzles/Games

Wednesday's

9:30 Walk in the Park
10-3 Puzzles/Games

Thursday's

9:30 Gently Chi Yoga
10-3 Puzzles/Games

Friday's

9:30 Exercise Ball
Drumming
10-3 Puzzles/Games

Special For December...

Thursday, December 3, 2024 - Decorate for Christmas at 1pm! There's no place like the senior center for holiday decorations!

Thursday, December 5, 2024 - Mackay Island Drive-thru & Lunch at 10:30am! On Open Roads Days, Mackay Island Wildlife Refuge opens access to areas in the Refuge that are normally closed. We'll Drive-thru and hope to see bald eagles, ducks & geese and have lunch at Blackwater Trading Post!

Friday, December 6, 2024 - Annual "A Christmas Carol" movie viewing at 10:30am! Cranky & curmudgeonly Scrooge learns the error of his unkind ways and the true meaning of Christmas! Starring Alistair Sim, 1951.

Tuesday, December 10, 2024 - Snowball & Felt Craft at 1pm! We'll fill plastic snowball ornaments with beads, seashells & other festive items. We will be making felt ornaments as well!

Friday, December 13, 2024 - Card-making with Pastor Diana at 1pm! Christmas cards & New Year's cards to brighten the season!

Monday, December 16, 2024 - Birthday Celebration at 1pm!

Friday, December 20, 2024 - Annual Senior Christmas Party at Barco! Enjoy a catered lunch of Chicken, Ham, sides, rolls and dessert. There will also be a visit from Santa and a performance by the Senior Bell Choir! We will leave the center at 10:30am! **Deadline: December 13th!**

Friday, December 27, 2024 - Trip to Panera Bread & Walmart at 10:30am! We will have lunch at Panera Bread at Red Mill Commons and then onto "after" Christmas shopping at Walmart! **Deadline: December 23rd!**

Tuesday, December 31, 2024 - New Year's Eve Game Day at 10am! Ring in the new year with a marathon Game Day! Uno, Bingo & more!

December Birthdays...

Curtis White - 4th
Theresa Willis - 6th
Barry Scott - 11th



"You must remember this" with Mari...

*"Life is a banquet and most poor suckers are starving to death"-
Auntie Mame (Rosalind Russell) in Auntie Mame, 1958*

We also offer...

- Congregate Meals
- HD Meals
- Educational Speakers
- Exercise Programs
- Exercise Equipment
- Puzzles
- Games
- Bingo
- Indoor Sports
- Outdoor Sports
- Monthly Day trips
- Charter Bus trips
- AARP Tax preparation
- Health screenings
- Weekly BP checks
- Quilting/Sewing
- Bell choir
- Wet Paint Society
- Musical entertainment
- Sr. Games Participation
- Are you OK Program
- CDSMP, DSMP, Tai-Chi for Arthritis & Walk with Ease Programs
- "Walking Paws" Volunteer Program
- Assistance and Referrals
- Volunteer Opportunities
- Much More!

Stay Informed:

www.CurrituckCountyNC.gov

Questions:

Stacy.joseph@CurrituckCountyNC.Gov

Meet the Staff...

Stacy Joseph

Aging/Senior Services Director

Dawn Hamilton

Administrative Supervisor

Latesa Moore

Site Manager/Nutrition - Barco

Lorraine Fitchett

Site Manager - Powells Point

Mari Mann

Site Manager - Knotts Island

Statement of Purpose

Senior Centers are a community focal point on aging. It is a unit where senior persons can meet, receive services and participate in activities that will affirm the dignity and self worth of the senior adult. Within this atmosphere the center staff creates opportunities for the senior adults to apply their wisdom, insight and exercise their skills. The center plays an integral role as a resource for the entire community and assist other agencies in serving individual and group services and activities.

Did You Know...

You Must be 55 years or older to join the fun at the Senior Centers!

You must be 60 years or older to eat!

The Senior Centers of Currituck County are a place for Every Senior (with varying backgrounds and personalities) to have fun and feel welcome and at ease.

This is accomplished when people are courteous, accommodating, respectful of other's feelings, use appropriate language and do not let their emotions get out of hand. Let's all work together to make the senior centers an "enjoyable and happy place" for EVERYONE!

Thank you
Senior Services Staff

Need Transportation...

Inter County Public Transportation provides services to all ages! (fees may apply) ICPTA services are intended to transport the general public to nutrition sites, medical appointments and other locations in order to access services or attend activities related to daily living, while promoting quality of life.

ICPTA 252-338-4480

To receive transportation to a nutrition site please call the senior center you are interested in attending to receive more information!





December 2024



Monday	Tuesday	Wednesday	Thursday	Friday
2 Sausage & Peppers, Roasted Potatoes, Carrots, Roll, Peach Cobbler & Milk	3 Baked Ham, Sweet Potato, California Blend Vegetables, Roll, Pears, Cake & Milk	4 Chili, Pimento Cheese Sandwich, Broccoli, Jello, Milk & OJ	5 Tuna Salad, Three Bean Salad, Macaroni Salad, Crackers, Jello, Fruit & Milk	6 BBQ Chicken, Macaroni & Cheese, Peas, Cinnamon Apples, Cornbread & Milk
9 Beef Stroganoff, Green Beans, Applesauce, Cornbread, Pudding & Milk	10 Pork Chop, Collards, Scalloped Potatoes, Roll, Fruit Crisp & Milk	11 Meatloaf, Brown Rice, Lima Beans, Pineapple, Roll & Milk	12 BBQ Sandwich, Coleslaw, Buttered Potatoes, Graham Crackers & Milk	13 Baked Chicken w/Gravy, Brown Rice, Carrots, Roll, Fruit & Milk
16 Oven Fried Chicken, Baked Potato, Peas, Roll, Fruit & Milk	17 Spaghetti w/Meat Sauce, Tossed Salad, Baked Apples, Garlic Bread, Pudding & Milk	18 Bratwurst Sausage on Bun, Baked Beans, Coleslaw, Brownie & Milk	19 Baked Turkey Breast, Stuffing, Brown Rice, Carrots, Cranberry Sauce, Pudding & Milk	20 <i>Senior Christmas Party! @12pm!</i> HD Only -Beef Stew w/Potatoes, Green Beans, Roll, Fruit Cobbler & Milk & OJ
23 No Meals	24 CLOSED No Meals	25 CLOSED No Meals	26 CLOSED No Meals	27 No Meals
Merry Christmas!				
30 Sausage & Peppers, Roasted Potatoes, Carrots, Roll, Peach Cobbler & Milk	31 Baked Ham, Sweet Potato, California Blend Vegetables, Roll, Pears, Cake & Milk			