

# Currituck County Senior Center's

April 2026

Happy Easter!



## Community Event...

**YOU'RE INVITED!**

*The GATHERING Place*

"Where people are fed, body, mind, & soul"

192 Courthouse Dr, Currituck

Thursday, April 12th

6:00 - 7:30 PM

**Free Family Meal with Neighbors**

Join us for a time of simple food, shared gratitude, and deep connection. Together, we'll remember why our community is a wonderful place to live, grow, and belong.

**Menu**

Fried Chicken, Macaroni & Cheese, Green Beans  
Banana Pudding

Program:  
Pinwheels for Child Abuse Prevention  
& Lego Club for kids

reserve your spot by 4/9 at [www.pilmoorumc.org/tgp](http://www.pilmoorumc.org/tgp)

All are welcome. Come hungry for connection.

## Community Event...

Currituck County's annual Household Hazardous Waste Collection will be on Saturday, April 11th!

### Public Safety Center

125 College Way  
Barco, NC 27917  
10:00 am - 2:00 pm

### Southern Outer Banks Water Plant

734 Ocean Trail  
Corolla, NC 27927  
10:00 am - 12:00 pm

This free event allows county residents to safely dispose of common hazardous materials. These include aerosols, antifreeze, batteries, fire extinguishers, propane tanks, pool chemicals, fertilizers, insecticides, pesticides, fluorescent light tubes, oil-based paints, caulk, wood filler, and adhesives.

Anyone with questions about the event or what items will be accepted call the Public Works Department at (252) 232-2504.

## Senior Games Lineup...

### April 6th

Table Tennis - Perq. Co. Comm Ctr

### April 21st

Pickle Ball Doubles - N. Chowan  
Comm Ctr

### April 22nd

Pickle Ball Mixed D/Singles - N.  
Chowan Comm Ctr

### April 28th

Swimming - Alb. Family YMCA

### April 29th

Tennis - N. Chowan Comm Ctr

## Bell Choir...

The Bell Choir will be performing at Lilly's Blessings on April 8th at 1pm!

## Dawn's Words of Wisdom...

"If you do what you've always done, you'll get what you've always gotten."

-Tony Robbins

## Everyday...

### Monday's

8-5 Billiards  
8-5 Table Tennis  
9 Pickleball  
10-12 Sewing Room  
11-12 Bingo  
12:30-5 Card Room  
\*2pm Seniors meet at  
Albemarle Lanes to bowl

### Tuesday's

8-5 Billiards  
8-5 Table Tennis  
9 Pickleball  
11 Exercise Tapes  
12:30 Mexican Dominoes  
12:30-5 Card Room

### Wednesday's

8-5 Billiards  
8-5 Table Tennis  
9 Pickleball  
9:30 Scrabble/Upwards  
10-12 Sewing Room  
12:30 Mahjongg  
11 Bell Choir  
12:30-5 Card Room

### Thursday's

8-5 Billiards  
8-5 Table Tennis  
9 - 11:30 Tax Prep  
9 Pickleball  
11 Exercise Tapes  
11 Bingo  
12:30-5 Card Room  
\*Alz. Support Group  
16th-10:30am

### Friday's

8-5 Billiards  
8-5 Table Tennis  
9 Pickle Ball  
10-12 Sewing Room  
12:30-5 Card Room

## Currituck Senior Center

130 Community Way  
Barco, NC 27917  
252-232-3505  
Hours of operation: Mon.-Fri. 8:00AM-5:00PM



## Special for April...

**Wednesday, April 1, 2026 - Birthday Celebration 12:15pm!**

**Wednesday, April 1, 2026 - Museum of the Albemarle History for Lunch - "Stories and Songs of Sea and Sound" w/J.R. Shanty Co.** Enjoy Julianne Laird and Richard Workman of J.R. Shanty Co., as they present sea shanties, songs of the sea, and historical songs of the Outer Banks. Their repertoire includes folk songs and original compositions about local legends and historical figures. We will leave the center at 11am! Cost: money for lunch at **The Sandwich Market** after we leave the museum.

**Friday, April 10, 2026 - Trip to "Alpacawaka Barn & Pastures"** in Shawboro! Visit for a hands on, smile filled experience with the Alpacas, mini cow, donkeys & more! We will leave the center at 9:45am! Cost: \$8 admission (cash) **Deadline to sign up and pay: April 8th!**

**Monday, April 13, 2026 - Presentation on "Albemarle Hopeline"** by Ricky Winebarger at 12pm! Hopeline's mission is to eliminate domestic violence and sexual assault through education, intervention, support, and transitional assistance until the dream comes true.

**Friday, April 17, 2026 - Root Beer Floats for Congregate Participants** at 12:15pm!

**Tuesday, April 21, 2026 - Craft Class - "Mosaic Flower Pots"** at 12:30pm! You will take a clay pot and transform it into a beautiful mosaic work of art uniquely to you! **Deadline: April 15th!**

**Thursday, April 23, 2026 - Daytime Tides Baseball Game** at 10:15am! Cost: \$20.95 ticket and \$.75 parking (cash) and money for lunch at the ballpark! **Deadline: April 20th!**

**Monday, April 27, 2026 - Bunco & Dinner** from 2-5pm! Cost: \$3 prizes. **Deadline: April 22nd!**

**Thursday, April 30, 2026 - In-House Movie "Faith of Angels"** at 12pm! Based on an inspiring true story, a stranger receives mysterious callings compelling him to search for a boy lost in an abandoned mine. Popcorn will be served!

## April Birthday's...

Carolyn Inman - 7th  
Thelma Pledger - 7th  
Donna Sawyer - 7th  
Linda Nault - 11th  
Delores Myers - 15th  
April Thorpe - 18th  
Merlita Miguel - 30th



## Cooking with Latesa...

### Ingredients:

- 4 medium limes
- 1/2 cup granulated sugar
- 1/2 cup sweetened condensed milk
- 8 cups water

**Directions:** Peel 3 limes, removing as much white pith as possible to avoid bitterness. (Leave 1 lime unpeeled.) Place all 4 limes, sweetened condensed milk, sugar and water in a blender. Pulse 4-6 times, just until the limes are broken down. Do not blend continuously, over blending will make the drink bitter. Strain the mixture through a fine mesh sieve into pitcher, pressing gently with a spoon to extract liquid. Discard pulp and lime pieces. Taste and add more sugar if needed. Add ice to the pitcher and serve immediately for freshest flavor.

### Brazilian Lemonade

[www.thestayathomechef.com](http://www.thestayathomechef.com)

# Powells Point Senior Center



8011 Caratoke Hwy  
Powells Point, NC 27966  
252-491-8173

Hours of operation: Mon.-Fri. 8:00AM-4:30PM

## Everyday...

### Monday's

8-12 Coffee & Chat  
9-12 Dominoes

### Tuesday's

8-12 Coffee & Chat  
9-12 Dominoes  
9:30-11 Book Corner

### Wednesday's

8-12 Coffee & Chat  
9-12 Dominoes  
1 Bingo  
(No Bingo 4/29!)  
1 Dominoes

### Thursday's

8-12 Coffee & Chat  
9-12 Dominoes  
11- Exercise Ball  
Drumming  
1-3 Puzzles/Checkers/  
Adult Coloring Books

### Friday's

8-12 Coffee & Chat  
9-12 Dominoes

## Special For April...

**Wednesday, April 1, 2026 - Birthday Celebration** at 12:30pm!

**Tuesday, April 7, 2026 - Texas Holdum** w/Jerry at 1pm! Snacks & Drinks provided!

**Friday, April 10, 2026** - In house movie at 12:30pm! **"Easter Parade"** tells the story of a Broadway star who hires (and ultimately falls in love with) a chorus girl. Starring Judy Garland and Fred Astaire. Easter parade was the highest grossing musical film of 1948! Soda & Popcorn will be provided!

**Friday, April 17, 2026** - Trip to **"Summer Wind Vineyard"** in Smithfield, Va at 10am! We will eat lunch of your choice in downtown Smithfield, then travel to the winery. Cost: money for lunch and shopping. **Deadline: April 15th!**

**Monday, April 20, 2026 - "Nature Walk" at the Rural Center** at 1pm! Need some exercise? Walking eases stress, helps you sleep better, and improves cardiovascular health! If we get enough interest, we may start a regular walking club! (You must have your own transportation to the Rural Center!)

**Tuesday, April 21, 2026 - "Smoothies"** with Erin & Heather from the Cooperative Extension center at 1pm! Come make and enjoy a healthy, homemade delicious smoothie! **Deadline: April 16th!**

**Tuesday, April 28, 2026 - Craft Class "Costume Jewelry Picture"** at 1pm! Bring in costume jewelry you don't want or wear anymore. We will be taking them apart and sharing, to create amazing artwork pictures in a frame! **Deadline: April 24th!**

**Wednesday, April 29, 2026** - Trip to **Cinema Café** to see **"Michael,"** Michael Jacksons life from his early days with the Jackson 5 to his solo career and global stardom. The film explores both his public achievements and private struggles, including his creative genius, personal challenges, and iconic performances! Starring: Jaffar Jackson. Cost: ticket and money for lunch at the theater. Time is TBA. **Deadline: April 27th!**

## April Birthday's...

Regina Colwell - 4th  
Michael Parker - 9th



## Laughing with Lorraine...

Spring is nature's way of saying "Let's Party!"  
Robin Williams

# Knotts Island Senior Center

126 Brumley Rd  
Knotts Island, NC 27950  
252-429-3231

Hours of operation: Mon.-Fri. 9:00AM-3:30PM



## Everyday...

### Monday's

9:30 Walk in the Park  
10 Puzzles/Games

### Tuesday's

9:30 Walk in the Park  
10 Puzzles/Games  
11 Ball Drumming  
**11:30 BP Check/KI Fire  
Dept. (14th)**

### Wednesday's

9:30 Walk in the Park  
10 Puzzles/Games  
11 Chair Exercise

### Thursday's

9:30 Walk in the Park  
10 Puzzles/Games  
11 Ball Drumming

### Friday's

9:30 Walk in the Park  
10 Puzzles/Games  
11 Chair Exercise

## Special For April...

**Monday, April 6, 2026** - Trip to Regal Strawbridge to see **"The Drama,"** A happily engaged couple is put to the test when an unexpected turn sends their wedding week off the rails! Cost: \$10.99 plus money for lunch at Chilis! We will leave the center at 12pm! **Deadline: April 3rd!**

**Tuesday, April 7 & Wednesday, April 8, 2026** - In-house, videos of **Knotts Island History** at 1pm! Knotts Islanders will share their stories and memories of growing up on Knotts Island! Popcorn & Brownies will be served!

**Thursday, April 9, 2026** - **Scrapbooking w/Pastor Diana** at 1pm! **Deadline: April 7th!**

**Monday, April 13, 2026** - Trip to **Elizabethan Gardens** in Manteo followed by lunch at **Darrells** at 8am! Fanciful and elaborate gardens were designed to entertain Queen Elizabeth I during her reign. The gardens serve as a living memorial to the time when Sir Walter Raleigh's lost colonists lived in this very place over 400 years ago Cost: \$12.00 admission and money for lunch. **Deadline: April 9th!**

**Wednesday, April 15, 2026** - **Bingo** at 1pm!

**Friday, April 17, 2026** - **Game Day** at 1pm! Cards, Board games and more!

**Tuesday, April 21, 2026** - **Cardmaking w/Pastor Diana** at 1pm! **Deadline: April 17th!**

**Wednesday, April 22, 2026** - **Bonsai Care Class w/Pete the Bonsai Guy** at 1pm! Learn to grow and train your Bonsai trees for spring growth and blooming! If you do not have a tree, one can be provided.

**Thursday, April 23, 2026** - **Birthday Celebration** with Banana Splits at 1pm!

**Tuesday, April 28, 2026** - **Games Day** at 1pm! LRC (left, right, center), Uno and more!

## April Birthdays...

Thomas Huber 8th  
Cynthia Burleson - 17th  
Fred Waterfield - 22nd



Think on it ...



"Volunteers are special because they freely give their time, energy, and skills to causes they care about, showing selflessness, compassion and community spirit."

## We also offer...

- Congregate Meals
- HD Meals
- Educational Speakers
- Exercise Programs
- Exercise Equipment
- Puzzles
- Games
- Bingo
- Indoor Sports
- Outdoor Sports
- Monthly Day trips
- Charter Bus trips
- AARP Tax preparation
- Health screenings
- Weekly BP checks
- Quilting/Sewing
- Bell choir
- Wet Paint Society
- Musical entertainment
- Sr. Games Participation
- Are you OK Program
- CDSMP, DSMP, Tai-Chi for Arthritis & Walk with Ease Programs
- "Walking Paws" Volunteer Program
- Assistance and Referrals
- Volunteer Opportunities
- Much More!

### Stay Informed:

[www.CurrituckCountyNC.gov](http://www.CurrituckCountyNC.gov)

Questions:

[Stacy.joseph@CurrituckCountyNC.Gov](mailto:Stacy.joseph@CurrituckCountyNC.Gov)

## Meet the Staff...

Stacy Joseph

Aging/Senior Services Director

Dawn Hamilton

Administrative Supervisor

Latesa Moore

Site Manager/Nutrition - Barco

Lorraine Fitchett

Site Manager - Powells Point

Brenda Twiford

Site Manager - Knotts Island

## Statement of Purpose

Senior Centers are a community focal point on aging. It is a unit where senior persons can meet, receive services and participate in activities that will affirm the dignity and self worth of the senior adult. Within this atmosphere the center staff creates opportunities for the senior adults to apply their wisdom, insight and exercise their skills. The center plays an integral role as a resource for the entire community and assist other agencies in serving individual and group services and activities.

## Did You Know...

You Must be 55 years or older to join the fun at the Senior Centers!

You must be 60 years or older to eat!

The Senior Centers of Currituck County are a place for Every Senior (with varying backgrounds and personalities) to have fun and feel welcome and at ease.

This is accomplished when people are courteous, accommodating, respectful of other's feelings, use appropriate language and do not let their emotions get out of hand. Let's all work together to make the senior centers an "enjoyable and happy place" for EVERYONE!

Thank you  
Senior Services Staff

## Need Transportation...

Inter County Public Transportation provides services to all ages! (fees may apply) ICPTA services are intended to transport the general public to nutrition sites, medical appointments and other locations in order to access services or attend activities related to daily living, while promoting quality of life.

ICPTA 252-338-4480

***To receive transportation to a nutrition site please call the senior center you are interested in attending to receive more information!***





# April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Pork Chop w/Gravy, Au Gratin Potatoes, Broccoli Salad, Pineapple, Cornbread, Jello & Milk	<b>2</b> Philly Cheesesteak, Mac & Cheese, Green Beans, Fruit Cocktail, Cake & Milk	<b>3</b> <b style="color: red;">CLOSED</b> <b>Good Friday!</b>
<b>6</b> Hot Dog, Baked Beans, Baked Apples, Yogurt & Milk	<b>7</b> Chef Salad w/Turkey & Cheese, Macaroni Salad, Pineapple, Crackers, Cookie & Milk	<b>8</b> BBQ Chicken, Mac & Cheese, Peas, Peaches, Cornbread & Milk	<b>9</b> Ham & Cheese Sub, Cucumber & Tomato Salad, Fruit, Graham Crackers & Milk	<b>10</b> Crab Salad on lettuce Bed, Pasta Salad, Broccoli Salad, Crackers, Cake, Pineapple Juice & Milk
<b>13</b> Ham, Cabbage, Au Gratin Potatoes, Cornbread, Cake, Pineapple Juice & Milk	<b>14</b> Tuna Salad, Macaroni Salad, Bean Salad, Crackers, Fruit, Jello & Milk	<b>15</b> Oven Fried Chicken Breast, Alfredo Noodles, Broccoli, Pears, Roll, Cake & Milk	<b>16</b> Salad w/Turkey & Cottage Cheese, Potato Salad, Pears, Crackers, & Milk	<b>17</b> Hamburger Steak w/Gravy, Brown Rice, Peas & Carrots, Roll, Fruit, Brownie & Milk
<b>20</b> Turkey Breast w/Gravy, Mac & Cheese, Carrots, Baked Apples, Roll, Pudding & Milk	<b>21</b> Chicken Salad, Cucumber & Tomato Salad, Pasta Salad, Crackers, Fruit, Pineapple Juice & Milk	<b>22</b> Cheeseburger, Green Beans, Apple Crisp & Milk	<b>23</b> Club Sub, Side Salad, Fruit Cocktail, Brownie & Milk	<b>24</b> BBQ Sandwich, Coleslaw, Buttered Potatoes, Fruit & Milk
<b>27</b> Spaghetti w/Meat Sauce, California Blend Vegetables, Breadstick, Fruit, Pudding & Milk	<b>28</b> Tuna Salad, Cucumber Salad, Macaroni Salad, Crackers, Cookies, Milk & OJ	<b>29</b> Pork Chop w/Gravy, Au Gratin Potatoes, Broccoli Salad, Pineapple, Cornbread, Jello & Milk	<b>30</b> Philly Cheesesteak, Mac & Cheese, Green Beans, Fruit Cocktail, Cake & Milk	

