



October 2024



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Roast Pork w/Gravy, Brown Rice, Succotash, Cornbread, Cookie, Fruit & Milk	2 Marinated Chicken Breast, Pasta, Green Beans, Roll, Jello, Milk & OJ	3 Fish Filet, Rice Pilaf, Broccoli, Pineapple, Roll, Pudding & Milk	4 Cheeseburger, Baked Beans, Cinnamon Apples, Cake & Milk
7 Sausage & Peppers, Roasted Potatoes, Carrots, Roll, Peach Cobbler & Milk	8 Baked Ham, Sweet Potato, California Blend Vegetables, Roll, Pears, Cake & Milk	9 Chili, Pimento Cheese Sandwich, Broccoli, Jello, Milk & OJ	10 Tuna Salad, Three Bean Salad, Macaroni Salad, Crackers, Jello, Fruit & Milk	11 BBQ Chicken, Macaroni & Cheese, Peas, Cinnamon Apples, Cornbread & Milk
14 Beef Stroganoff, Green Beans, Applesauce, Cornbread, Pudding & Milk	15 Pork Chop, Collards, Scalloped Potatoes, Roll, Fruit Crisp & Milk	16 No Congregate Health & Wellness Day! HD Only-Meatloaf, Brown Rice, Lima Beans, Pineapple, Roll & Milk	17 BBQ Sandwich, Coleslaw, Buttered Potatoes, Graham Crackers & Milk	18 Baked Chicken w/Gravy, Brown Rice, Carrots, Roll, Fruit & Milk
21 Oven Fried Chicken, Baked Potato, Peas, Roll, Fruit & Milk	22 Spaghetti w/Meat Sauce, Tossed Salad, Baked Apples, Garlic Bread, Pudding & Milk	23 Bratwurst Sausage on Bun, Baked Beans, Coleslaw, Brownie & Milk	24 Baked Turkey Breast w/Gravy, Brown Rice, Stuffing, Carrots, Pudding & Milk	25 No Congregate - Site Event HD-Only Beef Stew, Green Beans, Roll, Fruit Cobbler, Milk & OJ
28 Salisbury Steak w/Gravy, Mashed Potatoes, Peas & Carrots, Pineapple, Roll, Apple Crisp & Milk	29 Roast Pork w/Gravy, Brown Rice, Succotash, Cornbread, Cookie, Fruit & Milk	30 Marinated Chicken Breast, Pasta, Green Beans, Roll, Jello, Milk & OJ	31 Fish Filet, Rice Pilaf, Broccoli, Pineapple, Roll, Pudding & Milk	

