

# Chili Lime Fruit Salad

## Salad

- 2 grapefruit, cut into sections
- 2 mangos, chopped
- ½ Pineapple, chopped (can use canned-discard juice)

## Dressing

- 2 TBSP avocado oil
- 2 TBSP white-wine vinegar
- 1 TBSP finely chopped jalapeño
- ½ Cup finely chopped mint leaves
- Juice and zest of 1 lime
- 1 TBSP sugar
- Pinch of cayenne pepper
- Salt and pepper to taste

## Directions

1. Place the fruit in a large bowl, cover, and refrigerate
2. Make the dressing using a screw top jar or container with a tight fitting lid
3. Place all dressing ingredients in the jar or container and shake to combine
4. pour over the fruit and stir
5. serve immediately or chill until serving

