



CURRITUCK COUNTY NORTH CAROLINA

January 22, 2019

Minutes – Regular Meeting of the Senior Center Advisory Board

9:30 AM CALL TO ORDER

Meeting was called to order at 9:30am by Stacy Joseph.

A. Welcome

Welcome new board members Alisa Hugdahl, Betty Ann Fairchild and Michael Williams.

Attendee Name	Title	Status	Arrived
Alisa Hugdahl	Board Member	Present	
Betty Ann Fairchild	Board Member	Present	
Cindy Scott	Board Member	Absent	
Janet Lovell	Board Member	Present	
Rita Ferebee	Board Member	Present	
Mary "Kitty" Etheridge	Ex-Officio	Absent	
Michael Williams	Board Member	Present	

Staff Present: Stacy Joseph, Dawn Hamilton

B. Approval of Minutes

Minutes from the January 23, 2018 meeting were approved as presented. There were no meetings held in April, July or October 2018.

RESULT:	APPROVED [UNANIMOUS]
MOVER:	Janet Lovell, Board Member
SECONDER:	Rita Ferebee, Board Member
AYES:	Alisa Hugdahl, Board Member, Betty Ann Fairchild, Board Member, Janet Lovell, Board Member, Rita Ferebee, Board Member, Michael Williams, Board Member
ABSENT:	Cindy Scott, Board Member, Mary "Kitty" Etheridge, Ex-Officio

OLD BUSINESS

The Tai Chi for Arthritis class at the Moyock library in June went very well. Stacy is planning to have another class in Moyock in the future. In order to receive grant funds for Tai Chi in the future the program must run for a minimum of 20 weeks. The "Matter of Balance" classes taken place August - September also went very well. The annual Sock Hop as well as the Senior Health & Wellness Day were both a success. The annual Volunteer Banquet had a good turn out. The Craft Fair scheduled for November was cancelled due to lack of interest from vendors.

Stacy said she will probably do something a little different in the future, perhaps a "Fall Festival" and still have a certain number of Vendors at the festival. The Annual Senior Christmas Potluck went well. Monarch came to play to the bells. The Barco center has been offering "Bunco" & dinner every quarter. The seniors seem to really enjoy it, and there is always a good turnout. The April PML trip to Kentucky went really well. The Trip in December to Savannah seemed to go well, however some were disappointed that the city did not have as many Christmas lights on display as expected. We had several BOC members participate in "March for Meals."

NEW BUSINESS

Cheryl Demo is the new Assistant Coordinator at the Knotts Island center. She is doing an excellent job. The "My Senior Center" system was approved by the board and Stacy is hoping to have it installed in the next couple of months at the Barco site. The system will allow staff to better track attendance, demographics, determine specific needs, generate monthly reports and much more. AARP will be offering free tax preparation to the public every Thursday from February 7th- April 11th by appointment only at the Barco center. The 35th annual Senior Games will run from March - May. Must be age 50 or older to participate. Applications are due by February 15th. Registration forms are available at the Barco center. Yoga is still going well at the Corolla Library and is currently taking place twice a week. The Spring Social at Sanctuary Vineyards will take place in April. The Social is a fundraiser benefiting both the Senior Nutrition program and the Corolla Wild Horse fund. Stacy has been working on the 2020/2021 budget.

A. Committee Reports

1. Outreach

Stacy is considering forming a small committee that would get together and visit seniors that have moved on to assisted living and nursing facilities.

2. Planning

Nothing at this time.

3. Nominating

April meeting - nomination of a Chair.

B. Coordinator's Reports

1. Currituck Senior Center

Monday, February 4, 2019 - Super Bowl After Party at 12:00pm.

Wednesday, February 6 -Wednesday, April 10, 2019 - Tai Chi for Arthritis at 10:45am.

Wednesday, February 6, 2019 -Birthday Celebration at 12:30pm.

Thursday, February 7 - Thursday, April 11, 2019 -AARP Tax Prep 9:00am-2:00pm, by appointment only.

Thursday, February 7, 2019- Sentara Living Health Presentation at 10:30am.

Monday, February 11, 2019 -Hallmark Movie Monday at 12:00pm.

Thursday, February 14, 2019 -Valentines Day Goodies at 12:15pm.

Friday, February 15, 2019 -Senior Dinner & Dance at 5:00pm.

Tuesday, February 19, 2019 -Butterbean Auction at 11:00am.

Friday, February 22, 2019 -Cooking Class at 1:00pm.

Monday, February 25, 2019- Craft Class at 12:30pm.

Thursday, February 28, 2019 -"Bye Bye Birdie" at COA at 9:15am.
Tuesday, April 23- Friday, April 26, 2019 -Pigeon Forge/Gatlinburg, TN
Monday, July 29 - Wednesday, July 31, 2019 - Dover Downs Hotel & Casino

2. Knott's Island Senior Center

Monday, February 4, 2019 -BINGO at 12:30pm.
Wednesday, February 6, 2019 - Birthday Celebration at 12:30pm.
Monday, February 11, 2019 - Weight Loss Support Group at 1:00pm.
Tuesday, February 12, 2019 - Currituck County Property Tax Listings 10:00am-1:00pm.
Thursday, February 14, 2019 - Andersons Nursery and lunch at "Margie & Rays" at 9:30am.
Monday, February 18, 2019 -Game Day at 12:30pm.
Thursday, February 21, 2019 -BUNCO at 12:30pm.
Tuesday, February 26, 2019- In House Movie- TBA.

3. Powell's Point Senior Center

Friday, February 1, 2019 -Bingo at 10:30am.
Friday, February 1, 2019 -Senior Health at 11:00am.
Tuesday, February 5, 2019 - Birthday Celebration at 12:30pm.
Thursday, February 7, 2019 -Walmart Shopping at 12:30am.
Friday, February 8, 2019 -Greenbrier Mall at 10:30am.
Tuesday, February 12, 2019 -"Steps to Health" at 10:30am.
Wednesday, February 13, 2019 -Currituck County Property Tax Listings 1:00-3:30pm.
Thursday, February 14, 2019 -Sweet Surprise at 12:30pm.
Wednesday, February 20, 2019 -National Cherry Pie Day at 1:30pm.
Monday, February 22, 2019 -"Steps to Health" at 10:30am.
Monday, February 25, 2019 -Mariners Museum at 10:30am.

Rita added that things at the Powells Point center are running smoothly. They have had several new members join then on recent trips. The Seniors are pleased with the work that has currently taken place on the building.

MOMENT OF SILENCE

A moment of silence was observed.

ADJOURNMENT

Meeting was adjourned at 10:41am. The next meeting will be held on April 23, 2019 at 9:30am.