

This report was prepared by: Currituck County Mainland Water 444 Maple Road Maple, NC 27956

### Quality First

Once again we are proud to present our annual water quality report covering all testing performed between January 1 and December 31, 2010. As in years past, we are committed to delivering the best-quality drinking water possible. To that end, we remain vigilant in meeting the challenges of new regulations, source water protection, water conservation, and community outreach and education while continuing to serve the needs of all of our water users. Thank you for allowing us to continue providing you and your family with quality drinking water.

We encourage you to share your thoughts with us on the information contained in this report. Should you ever have any questions or concerns, we are always available to assist you.

For more information about this report, or for any questions relating to your drinking water, please call William Nash, Public Utilities Superintendent, at (252) 232-6062.

#### Where Does My Water Come From?

Currituck County customers are fortunate because we enjoy an abundant water supply from two sources. The original 1.4-million-gallon-per-day Green Sand Filter Treatment Plant draws water from twenty-eight shallow wells that are supplied from the Yorktown Aquifer and the Upper Tertiary Aquifer. In 2009, our 1.5-million-gallon-per-day Reverse Osmosis Plant came online, it draws water from three deep wells located in the Yorktown Aquifer. Combined, our treatment facilities can provide 2.9 million gallons of clean drinking water every day.

#### Substances That Could Be in Water

To ensure that tap water is safe to drink, the U.S. EPA prescribes regulations limiting the amount of certain contaminants in water provided by public water systems. U.S. Food and Drug Administration regulations establish limits for contaminants in bottled water, which must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it can acquire naturally occurring minerals, in some cases, radioactive material, and substances resulting from the presence of animals or from human activity. Substances that may be present in source water include: Microbial Contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife; Inorganic Contaminants, such as salts and metals, which can be naturally occurring or may result from urban stormwater runoff, industrial or domestic watered discharges, oil and gas production, mining, or farming; Pesticides and Herbicides, which may come from a variety of sources, such as agriculture, urban stormwater runoff, and residential uses; Organic Chemical Contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production and may also come from gas stations, urban stormwater runoff, and septic systems; Radioactive Contaminants, which can be naturally occurring or as production and may also come from gas stations, urban stormwater runoff, and septic systems; Radioactive Contaminants, which can be naturally occurring or may be the result of oil and gas production and mining activities.

For more information about contaminants and potential health effects, call the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

#### Important Health Information

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791 or http://water.epa.gov/drink/hotline.



# Why do I get this report each year?

Community water system operators are required by federal law to provide their customers with an annual water quality report. The report helps people make informed choices about the water they drink. It lets people know what contaminants, if any, are in their drinking water and how these contaminants may affect their health. It also gives the system operators a chance to tell customers what it takes to deliver safe drinking water.

# Why does my water sometimes look "milky"?

The "milky" look is caused by tiny air bubbles in the water. The water in the pipes coming into your home or business is under pressure, so gasses (the air) are dissolved and trapped in the pressurized water as it flows into your glass. As the air bubbles rise in the glass, they break free at the surface, thus clearing up the water. Although the milky appearance might be disconcerting, the air bubbles won't affect the quality or taste of the water.

## How can I keep my pet's water bowl germ free?

Veterinarians generally recommend that water bowls be washed daily with warm, soapy water – normally when you change the water. Scour the corners, nooks, and crannies of the water dish using a small scrub brush. In addition, once a week, put water bowls into the dishwasher to sanitize them with hot water. In most situations, disinfectants like bleach are not needed; warm, soapy water is all you need to keep your pet's water clean and safe.

## How much water is used during a typical shower?

The Federal Energy Policy Act set a nationwide regulation that limits showerheads to a maximum flow of 2.5 gallons per minute (GPM). Showerheads made before 1980 are rated at 5 GPM. Since the average shower is estimated to last 8.2 minutes, the old showerheads use 41 gallons of water while the newer, low-flow showerheads use only about 21 gallons.

#### Is it okay to use hot water from the tap for cooking and drinking?

No, always use cold water. Hot water is more likely to contain rust, copper, and lead from household plumbing and water heaters. These substances can dissolve into hot water faster than they do into cold water, especially when the faucet has not been used for an extended period of time.

## How many contaminants are regulated in drinking water?

The U.S. EPA regulates over 80 contaminants in drinking water. Some states may choose to regulate additional contaminants or to set stricter standards, but all states must have standards at least as stringent as the U.S. EPA's.

#### Source Water Assessment

A Source Water Assessment Plan (SWAP) is now available at our office. This plan is an assessment of the delineated area around our listed sources through which contaminants, if present, could migrate and reach our source water. It also includes an inventory of potential sources of contamination within the delineated area and a determination of the water supply's susceptibility to contamination by the identified potential sources.

According to the Source Water Assessment Plan, our water system had a susceptibility rating of moderate/lower. If you would like to review the Source Water Assessment Plan, please feel free to contact our office during regular office hours, or you can review it online by going to http://swap.deh.enr.state.nc.us/pdfreports/0427010\_3\_11\_2010\_85\_11.pdf.

### Tap vs. Bottled

Thanks in part to aggressive marketing, the bottled water industry has successfully convinced us all that water purchased in bottles is a healthier alternative to tap water. However, according to a four-year study conducted by the Natural Resources Defense Council, bottled water is not necessarily cleaner or safer than most tap water. In fact, about 25 percent of bottled water is actually just bottled tap water (40 percent according to government estimates).

The Food and Drug Administration is responsible for regulating bottled water, but these rules allow for less rigorous testing and purity standards than those required by the U.S. EPA for community tap water. For instance, the high mineral content of some bottled waters makes them unsuitable for babies and young children. Further, the FDA completely exempts bottled water that's packaged and sold within the same state, which accounts for about 70 percent of all bottled water sold in the United States.

People spend 10,000 times more per gallon for bottled water than they typically do for tap water. If you get your recommended eight glasses a day from bottled water, you could spend up to \$1,400 annually. The same amount of tap water would cost about 49 cents. Even if you installed a filter device on your tap, your annual expenditure would be far less than what you'd pay for bottled water.

For a detailed discussion on the NRDC study results, check out their Web site at www.nrdc.org/water/drinking/bw/ exesum.asp.

### Lead in Home Plumbing

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. We are responsible for providing high-quality drinking water but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at www.epa.gov/safewater/lead.

#### Information on the Internet

The U.S. EPA Office of Water (www.epa.gov/watrhome) and the Centers for Disease Control and Prevention (www. cdc.gov) Web sites provide a substantial amount of information on many issues relating to water resources, water conservation and public health.

### Sampling Results

During the past year, we have taken hundreds of water samples in order to determine the presence of any radioactive, biological, inorganic, volatile organic, or synthetic organic contaminants. The table below shows only those contaminants that were detected in the water. The state allows us to monitor for certain substances less than once per year because the concentrations of these substances do not change frequently. In these cases, the most recent sample data are included, along with the year in which the sample was taken.

REGULATED SUBSTANCES													
SUBSTANCE (UNIT OF MEASURE)		YEAR SAMPLED		MCL [MRDL]	MCLG [MRDLG	AMOUNT ] DETECTED		RANG	E GH VIOL/	ATION TYPICAL SOURCE			
Chlorine (ppm)			010	[4]	[4]		0.8	ND-4		No Water additive used to control microbes			
Tap water samples were collected for lead and copper analyses from sample sites throughout the community													
SUBSTANCE YEA (UNIT OF MEASURE) SAMP		R .ED	AL	MCLG (	AMOUN DETECTE 90TH%TI	T SITES ED ABOVE A LE) TOTAL SI		s Al/ Ites V	IOLATION	TYPICAL	SOURCE		
Copper (ppm)	201	2010		1.3	0.152		0/60	)	No	Corrosion of household plumbing systems; Erosion of natural deposits			
Lead (ppb)	2010 15		15	0	7		0/60		No	Corrosion of household plumbing systems; Erosion of natural deposits			
OTHER REGULATED SUBSTANCES													
SUBSTANCE (UNIT OF MEASURE)		SI		r .ed [N	MCL MRDL]	MCLG [MRDLG]		- RANGE D LOW-HIGI	H VIOLATION	TYPICAL SOURCE			
Haloacetic Acids [HA	opb)		2010	0	60	NA	9.375	2-60	No	By-product of drinking water disinfection			
TTHMs [Total Trihalomethanes]–IDSE Results (ppb) 2010								80	NA	55.25	1-80	No	By-product of drinking water disinfection
SECONDARY SUBSTANCES													
SUBSTANCE (UNIT OF MEASURE)	MCLG	AMOUNT CLG DETECTED		RANGE	I VIOLAT	ION TYP	CAL SOURC	E					
рН	2010 6			6.5-8.5	NA		7.8	6.5-8.5	No	Naturally occurring			

# Definitions

**AL (Action Level):** The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

**MCL (Maximum Contaminant Level):** The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

MCLG (Maximum Contaminant Level Goal): The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

**MRDL (Maximum Residual Disinfectant Level):** The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

**MRDLG (Maximum Residual Disinfectant Level Goal):** The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

NA: Not applicable.

**ND (Not detected):** Indicates that the substance was not found by laboratory analysis.

**ppb (parts per billion):** One part substance per billion parts water (or micrograms per liter).

**ppm (parts per million):** One part substance per million parts water (or milligrams per liter).